OB COMPLETE® PETITE

Supplement Facts

Serving Size: 1 Softgel Capsule
Servings Per Container: 30

	Amount per Serving	% DV for Pregnant and Lactating Women*
Calories	5	
Cholesterol	Less than 2 mg	<1%
Vitamin C (from Calcium Ascorbate)	75 mg	63%
Vitamin D (as Cholecalciferol)	25 mcg (1000 IU)	167%
Vitamin E (as d-alpha tocopherol)	20 mg (30 IU)	105%
Thiamin (from Thiamine Mononitrate)	2 mg	143%
Vitamin B_2 (as Riboflavin)	3.4 mg	213%
Vitamin B_6 (from Pyridoxine Hydrochloride)	30 mg	1500%
Folate	1700 mcg DFE (1000 mcg Folic Acid)	283%
Vitamin B_{12} (as Cyanocobalamin)	15 mcg	536%
Iron (35 mg as Carbonyl Iron, 5 mg from Ferrous Asparto Glycinate**)	40 mg	148%
Zinc (from Zinc Oxide)	25 mg	192%
Copper (from Cupric Sulfate)	1 mg	77%
Omega-3 Fatty Acids (as EE)	243 mg	†
DHA (Docosahexaenoic Acid) (as EE)	200 mg	†
EPA (Eicosapentaenoic Acid) (as EE)	14 mg	†
Other/Additional Omega-3 Fatty Acids (as EE)	29 mg	†

† Daily Value (DV) not established
*Percent Daily Values are based on a 2000 Calorie Diet for pregnant women and lactating women.

Other Ingredients: Bovine Gelatin, Glycerin, Yellow Beeswax, Soybean Oil, Purified Water, Soy Lecithin, Titanium Dioxide, FD&C Red #40, Ethyl Vanillin, FD&C Blue #1, White Ink.

CONTAINS: FISH OIL (ANCHOVY) AND SOY
GLUTEN-, LACTOSE-, AND SUGAR-FREE

OB Complete® Petite is a prescription multivitamin/multimineral indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and non-lactating mothers.

CONTRAINDICATIONS

This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING

Ingestion of more than 3 grams of omega-3 fatty acids per day has been shown to have potential antithrombotic effects, including an increased bleeding time and INR. Administration of omega-3 fatty acids should be avoided in patients on anticoagulants and in those known to have an inherited or acquired bleeding diathesis.

PRECAUTIONS

Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B_{12} is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurologic manifestations remain progressive. Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

The patient's medical conditions and consumption of other drugs, herbs, and/or supplements should be considered.

DRUG INTERACTIONS

OB Complete® Petite softgel capsules are not recommended for and should not be given to patients receiving levodopa because the action of levodopa is antagonized by pyridoxine. There is a possibility of increased bleeding due to pyridoxine interaction with anticoagulants (e.g., Aspirin, Heparin, Clopidogrel).

ADVERSE REACTIONS

Adverse reactions have been reported with specific vitamins and minerals but generally at levels substantially higher than those contained herein. However, allergic and idiosyncratic reactions are possible at lower levels. Iron, even at the usual recommended levels, has been associated with gastrointestinal intolerance in some patients.

DESCRIPTION

OB Complete® Petite is an oval-shaped plum colored softgel capsule, imprinted "**VP 059**".

DIRECTIONS FOR USE

One softgel capsule daily or as directed by a physician.

HOW SUPPLIED

OB Complete® Petite is supplied in a 30 count child-resistant bottle.
Product Code: 68025-059-30

STORAGE: Store at controlled room temperature 15°-30°C (59°-86°F) [See USP]. Protect from light, moisture and excessive heat.

DO NOT USE IF SAFETY SEAL UNDER CAP IS TORN OR MISSING.

KEEP OUT OF REACH OF CHILDREN.

PATENTED FORMULA. U.S. PAT. No. 8,263,137

For use on the order of a healthcare practitioner.

Call your doctor about side effects. To report side effects, call Vertical Pharmaceuticals at 1-800-444-5164 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

Distributed by:
Vertical Pharmaceuticals, LLC
Alpharetta, GA 30005
1-800-444-5164
www.OBComplete.com

PLR-OBCPT-00005-3 Rev. 05/2022

****Ferrous Asparto Glycinate (Sumalate®, a registered trademark of Albion International, Inc.) is covered by the following patents: U.S. Pat. No. 6,716,814, U.S. Pat. No. 8,007,846 and U.S. Pat. No. 8,425,956.**

OB COMPLETE® ONE

Supplement Facts

Serving Size: 1 Softgel Capsule
Servings Per Container: 30

	Amount per Serving	% DV for Pregnant and Lactating Women
Calories	5	
Total Fat	0.5 g	<1%‡
Vitamin C (as Calcium Ascorbate)	70 mg	58%
Vitamin D (as Cholecalciferol)	30 mcg (1,200 IU)	200%
Vitamin E (as d-Alpha Tocopherol)	20 mg* (30 IU)	105%
Thiamin (as Thiamine Mononitrate)	2 mg	143%
Riboflavin	4 mg	250%
Niacin (as Niacinamide)	10 mg NE	56%
Vitamin B_6 (as Pyridoxine HCl)	30 mg	1500%
Folate	1667 mcg DFE (Folic Acid 1000 mcg)	278%
Vitamin B_{12} (as Cyanocobalamin)	50 mcg	1786%
Biotin	200 mcg	571%
Calcium (as Calcium Carbonate, Dima-Cal Di-Calcium Malate**, and Calcium Threonate)	55 mg	4%
Iron (as Ferronyl® Carbonyl Iron 40 mg and Sumalate®*** Ferrous Asparto Glycinate 10 mg)	50 mg	185%
Iodine (as Potassium Iodide)	150 mcg	52%
Magnesium (as Magnesium Oxide)	25 mg	6%
Zinc (as Zinc Oxide)	15 mg	115%
Copper (as Cupric Sulfate)	1 mg	77%
Purified Fish Oil	476 mg	†
DHA (Docosahexaenoic Acid)	300 mg	†
EPA (Eicosapentaenoic Acid)	40 mg	†

* Equal to mg alpha-tocopherol
† Daily Value (DV) not established
‡ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other Ingredients: Gelatin, Glycerin, Yellow Bees Wax, Purified Water, Lecithin (Soybean Oil), Natural Cream Orange Flavor, Titanium Dioxide, Ethyl Vanillin, FD&C Red #40, FD&C Blue #1.

CONTAINS: SOY AND FISH (ANCHOVIES, MACKEREL, SARDINES, TUNA)

GLUTEN-, LACTOSE- AND SUGAR-FREE

OB Complete® One is a prescription multivitamin/multimineral indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and non-lactating mothers.

CONTRAINDICATIONS

OB Complete® One should not be used by patients with a known hypersensitivity to any of the listed ingredients including soy and fish oil.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING

Ingestion of more than 3 grams of omega-3 fatty acids per day has been shown to have potential antithrombotic effects, including an increased bleeding time and INR. Administration of omega-3 fatty acids should be avoided in patients on anticoagulants and in those known to have an inherited or acquired bleeding diathesis.

PRECAUTIONS

Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B_{12} is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurologic manifestations remain progressive. Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

Biotin levels higher than the recommended daily allowance may cause interference with some laboratory tests, including cardiovascular diagnostic tests (e.g. troponin) and hormone tests, and may lead to incorrect test results. Tell your healthcare provider about all prescription and over-the-counter medicines, vitamins, and dietary supplements that you take, including biotin.

The patient's medical conditions and consumption of other drugs, herbs, and/or supplements should be considered.

DRUG INTERACTIONS

OB Complete® One softgels are not recommended for and should not be given to patients receiving levodopa because the action of levodopa is antagonized by pyridoxine. There is a possibility of increased bleeding due to pyridoxine interaction with anticoagulants (e.g., Aspirin, Heparin, Clopidogrel).

ADVERSE REACTIONS

Adverse reactions have been reported with specific vitamins and minerals but generally at levels substantially higher than those contained herein. However, allergic and idiosyncratic reactions are possible at lower levels. Iron, even at the usual recommended levels, has been associated with gastrointestinal intolerance in some patients.

DESCRIPTION

OB Complete® One is an oblong-shaped purple softgel, imprinted "VP044".

DIRECTIONS FOR USE

One softgel by mouth daily or as directed by a physician.

HOW SUPPLIED

OB Complete® One is supplied in a carton of 30 capsules, packaged in 3 child resistant unit-dose blister cards of 10 softgels per card.

Product Code: 68025-044-30

STORAGE

Store at controlled room temperature 15°-30°C (59°-86°F) [See USP]. Protect from light, moisture and excessive heat.

KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.

**DimaCal is a registered trademark of Albion International, Inc. Malates covered by U.S. Patent No. 6,706,904.

***Sumalate® (Ferrous Asparto Glycinate) is a registered trademark of Albion International, Inc. and is covered by the following patents: U.S. Pat. No. 6,716,814; U.S. Pat. No. 8,007,846 and U.S. Pat. No. 8,425,956.

For use on the order of a healthcare practitioner.

Call your doctor about side effects. To report side effects, call Vertical Pharmaceuticals at 1-800-444-5164 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

PLR-OBCO-00005-4 **Rev. 05/2022**

Distributed by:
Vertical Pharmaceuticals, LLC
Alpharetta, GA 30005