

REACH A  
A HEALTHIER YOU,  
GET YOUR FLU VACCINE  
AND STAY ACTIVE.

## SYMPTOMS OF THE FLU INCLUDE:

- Fever
- Aches
- Chills
- Coughing
- Sore throat
- Runny nose
- Muscle or body aches
- Headaches
- Fatigue
- Vomiting and diarrhea

## PLANNING AHEAD IS YOUR BEST STRATEGY.

It's never too late to protect yourself with this season's flu vaccine. There is even an intranasal flu vaccine option for those afraid of needles.<sup>1</sup>

did  
*you?*  
know

All ages are vulnerable to the influenza virus and the Advisory Committee on Immunization Practices recommends annual vaccination for patients 6 months and above.<sup>2</sup>

Ask your physician or pharmacist about getting your flu vaccine today!



**SAFE | CONVENIENT | RELIABLE**  
**MyFluVaccine.com | (800) 843-7477**

<sup>1</sup> For the ACIP's latest influenza vaccine recommendations, please visit [www.cdc.gov/flu/prevent/different-flu-vaccines.htm](http://www.cdc.gov/flu/prevent/different-flu-vaccines.htm)  
<sup>2</sup> CDC (July 6, 2020) ACIP Recommendations, retrieved from [www.cdc.gov/vaccines/acip/recommendations.html](http://www.cdc.gov/vaccines/acip/recommendations.html)

CLINIC LOCATION(S):

DATE(S):

TIME(S):