SEASON GOAL: NO FLU.

SYMPTOMS OF THE FLU INCLUDE:

- Fever
- Aches
- Chills
- Coughing
- Sore throat
- Runny nose
- Muscle or body aches
- Headaches
- Fatigue
- Vomiting and diarrhea

PLANNING AHEAD IS YOUR BEST STRATEGY.

It’s never too late to protect yourself with this season’s flu vaccine. There is even an intranasal flu vaccine option for those afraid of needles.1

CDC recommends that preteens and teens get their annual flu vaccine by the end of October.2 Ask your physician or pharmacist about getting your flu vaccine today!

SAFETY
CONVENIENT
RELIABLE
MyFluVaccine.com
(800) 843-7477

1 For the ACIP’s latest influenza vaccination recommendations, please visit www.cdc.gov/vaccines/hcp/indicators/flusum.html

FL742 0819