SYMPTOMS OF THE FLU INCLUDE:
- Fever
- Aches
- Chills
- Coughing
- Sore throat
- Runny nose
- Muscle or body aches
- Headaches
- Fatigue
- Vomiting and diarrhea

PLANNING AHEAD IS YOUR BEST STRATEGY.
It’s never too late to protect yourself with this season’s flu vaccine. There is even an intranasal flu vaccine option for those afraid of needles.¹

Ask your physician or pharmacist about getting your flu vaccine today!

1 For the ACIP’s latest influenza vaccine recommendations, please visit www.cdc.gov/flu/prevent/different-flu-vaccines.htm
2 CDC (March 25, 2019) ACIP Recommendations, retrieved from www.cdc.gov/vaccines/acip/rec Lista recommendations.html

SAFE
CONVENIENT
RELIABLE
MyFluVaccine.com
(800) 843-7477

ORANGE YOU GLAD SHE GOT HER FLU VACCINATION?

All ages are vulnerable to the influenza virus and the Advisory Committee on Immunization Practices recommends annual vaccination for patients 6 months and above.²

1 did you know?

CLINIC LOCATION(S):
DATE(S):
TIME(S):