

SEASON GOAL: NO FLU.

SYMPTOMS OF THE FLU INCLUDE:

- Fever
- Aches
- Chills
- Coughing
- Sore throat
- Runny nose
- Muscle or body aches
- Headaches
- Fatigue
- Vomiting and diarrhea

PLANNING AHEAD IS YOUR BEST STRATEGY.

It's never too late to protect yourself with this season's flu vaccine. There is even an intranasal flu vaccine option for those afraid of needles.¹

did you know?

All ages are vulnerable to the influenza virus and the Advisory Committee on Immunization Practices recommends annual vaccination for patients 6 months and above.²

Ask your physician or pharmacist about getting your flu vaccine today!



SAFE | CONVENIENT | RELIABLE
MyFluVaccine.com | (800) 843-7477

¹For the ACIP's latest influenza vaccine recommendations, please visit www.cdc.gov/flu/prevent/different-flu-vaccines.htm
²CDC (March 21, 2019) ACIP Recommendations, retrieved from www.cdc.gov/vaccines/acip/recommendations.html

CLINIC LOCATION(S):

DATE(S):

TIME(S):