



**KISS
THE FLU
GOOD-BYE**

SYMPTOMS OF THE FLU INCLUDE:

- Fever
- Aches
- Chills
- Coughing
- Sore throat
- Runny nose
- Muscle or body aches
- Headaches
- Fatigue
- Vomiting and diarrhea

PLANNING AHEAD IS YOUR BEST STRATEGY.

It's never too late to protect yourself with this season's flu vaccine. There is even an intranasal flu vaccine option for those afraid of needles.¹

did
you?
know

All ages are vulnerable to the influenza virus and the Advisory Committee on Immunization Practices recommends annual vaccination for patients 6 months and above.²

Ask your physician
or pharmacist
about getting
your flu vaccine
today!



SAFE | CONVENIENT | RELIABLE
MyFluVaccine.com | (800) 843-7477

¹ For the ACIP's latest influenza vaccine recommendations, please visit www.cdc.gov/flu/prevent/different-flu-vaccines.htm
² CDC (March 21, 2019) ACIP Recommendations, retrieved from www.cdc.gov/vaccines/acip/recommendations.html

CLINIC LOCATION(S):

DATE(S):

TIME(S):